RISE SENIOR PROGRAM
OPEN HOUSE

MONDAY, AUGUST 29TH
5:30 P.M.

Dinner will be provided

RISE Inc.
17317 Freemont Street
Esparto, CA 95627
530.787.4110

The community is invited to join us for dinner as we welcome our new Senior Program Coordinator
Tina Minges

Hear about the fun things the seniors have done this summer

Learn of the exciting activities being planned
Share ideas and help create a wonderful experience for our senior community
VALLEY VOICE AD RATES
CLASSIFIED ADS
25 WORDS FOR $10
DISPLAY ADS
Business-card size: $25 per month
1/4 page: $50 per month
1/2 page: $100 per month
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ValleyVoice@riseinc.org

The Valley Voice
P.O. Box 133
Esparto, CA  95627
For article inquiries, send an e-mail message to Monique Preciado, Editor, at ValleyVoice@riseinc.org For billing inquiries or ad rates, call (530) 787-4110. All articles are due on/before the 15th of each month. Ads must be paid in advance and accounts must be paid up to date by the 20th of each month. We reserve the right to edit articles at our discretion, due to space limitations and other criteria. Articles published do not necessarily express the views of the Valley Voice editor. The Valley Voice is published monthly in partnership with Yocha Dehe Wintun Nation, RISE, Inc., & Esparto Unified School District.

Valley Voice Subscription Form
Let all your friends and relatives know that for just $25 per year we will mail them each month’s edition! This is a perfect way to keep up to date with all the Capay Valley news and events. Complete the order below.
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Please Select:
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☑ Two Years: $50.00  (24 editions)
Please make checks out to RISE Inc. mail to: RISE Inc. at P.O. Box 133, Esparto, CA 95627 or drop off at the office at 17317 Fremont Street in Esparto.
You may also sign up for the RISE e-newsletter on the RISE, Inc. website at www.riseinc.org. When you enter your e-mail address under the Get E-mail Updates, you will receive our e-newsletter with links to the Valley Voice so you can read it online.

Free Compost Giveaway
September 1st–October 31st
Bring a shovel and bags & proof of residency
Your organics never go to waste!

ORGANICS: HOW IT WORKS

FOLLOW US ON FACEBOOK
FOR SUMMER CONCERT SERIES UPDATES

ROADTrip
BAR & GRILL

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WE WILL BE CLOSED AUGUST 11 & 12

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Mon-Sat 6:30am-4pm, Sunday 8am-4pm
Yolo County Landfill 44090 County Road 28H
Woodland, CA  95776

Free Compost Giveaway
September 1st–October 31st
Bring a shovel and bags & proof of residency
Your organics never go to waste!

ORGANICS: HOW IT WORKS

Food & Organic Waste Container
Waste Collector
Food & Organic Waste
Life Cycle of Yolo County Organics
To Compost

Using Compost increases nutrient content of soil
Yolo Compost Facility

Program not Available to Businesses or Landscapers
RISE Inc, Senior Program

The RISE Senior Program has been very busy! On Friday, July 8th, participants in the Senior Program were treated to dinner at Steve’s Pizza followed by an evening at the Woodland Opera House where they enjoyed the delightful production of Bye-Bye Birdie. A fun evening was had by all!

On Thursday, July 14th R.I.L (Resources for Independent Living) came to the senior program to talk with our participants about how to prepare for Power Safety Shutoffs and help them connect with area resources for alternative power sources for medical equipment. R.I.L also provided each participant with an emergency bag with supplies and instructions on what to take with them in case there was a need to evacuate.

Monday, August 29th the community is invited to join us as we welcome our new Senior Program Coordinator, Tina Minges. Hear about the fun things the seniors have done this summer. Learn of the exciting activities being planned and share ideas to help create a wonderful experience for our senior community.

Beginning Thursday, August 4th at 9:30 we are hosting A Matter of Balance, which is an award winning program designed to manage falls and increase activity levels. This is an 8 week class (August 4th thru September 22nd) and is interactive. We thank Agency on Agency Area 4 for working with the RISE Senior Program to bring this amazing program to our Esparto and Valley Seniors.

RISE Senior Program has partnered with Yolo Healthy Aging Alliances Food Truck Program to bring our seniors over 60, disabled adults, and their caregivers a FREE hot meal and one cold meal. July 21st was our first Food Truck event. We look forward to bringing this event to our seniors, disabled adults and their caregivers each month. Call Tina, RISE Senior Program Coordinator for more information or to sign up 530.787.4110 ext. 209

Valley seniors are invited to join us at the Senior Program at RISE 17317 Freemont Street each Tuesday and Thursday from 9 a.m. - 12 p.m. We enjoy a light breakfast and coffee, activities or guest speakers and end our program by serving lunch. For more information call Tina, RISE Senior Program Coordinator at 530.787.4110 ext. 209

A special Thank you to Yocha Dehe Wintun Nation which has been funding the RISE Elder Recreation Program and services for over 20+ years.
**Esparto Residents' Feedback Wanted on Esparto Community Park Enhancements**

Yolo County Parks wants Esparto Residents' input on two enhancement projects for the Esparto Community Park. The County received a state grant to fund the projects, with a planned replacement of existing playground equipment and installing a shade structure over the BBQ and picnic table area. Yolo County recently received grant funding for the projects through "Proposition 68 Per Capita" grants from the California State Parks and Recreation. In addition to the grant, the County is also interested in exploring the opportunity for community-based fundraising efforts.

Voters approved Proposition 68 or "Prop 68" in 2018, formally known as the California Drought, Water, Parks, Climate, Coastal Protection, and Outdoor Access for All Act of 2018. Prop 68's overarching purpose is to improve community resiliency to Climate Change by funding projects that: create or enhance existing parks, enhance drought tolerance and landscape resilience, and improve and protect coastal resources, rural economies, agricultural viability, and wildlife habitat or corridors. Prop 68 funding projects eligibility includes public agencies, non-profits, tribes, public utilities, and mutual water companies. If you want more information, please contact Yolo County's Associate Parks Planner, Emily Huerta, at Emily.huerta@yolocounty.org.

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**Esparto Elementary School News**

**Stephanie Archibald, Principal**

**Welcome Stephanie Archibald!**

Greetings! I hope your summer is going well. It is with great excitement that I introduce myself as the new Esparto Elementary School principal. I am honored to join the fabulous staff at Esparto Elementary School in supporting Esparto students this year. I have been working closely with Ms. Vann this month to make for a smooth transition.

My approach to education centers around equitable access for all students. I bring with me a variety of teaching experience including 2nd grade in West Sacramento and 7th and 8th grades in Colusa. More recently I have worked at Visions In Education as the Curriculum Coordinator for grades TK-12.

On a personal note, my family and I have lived within the school district for over 10 years and participate in the Esparto community through sports and local events. When I am not at school I enjoy spending time with my husband, 8 year old twin sons, and 13 year old daughter.

I encourage families to be an active part of your student’s education by learning how to access Aeries, Parent Square, and Class Dojo, checking in with your student daily about their day, sending your teacher an email, and reaching out with any questions or concerns.

Please continue to watch your email and the school website for all up to date information about the upcoming school year. I look forward to meeting our Esparto Elementary students and families on the first day of school, August 10th!

**August Important Dates:**
- 8/10/22 First Day of School 8am to 1pm
- 8/17/22 Early Release Day Dismissal 1pm
- 8/18/22 EES Back to School Night 5:30pm
- 8/24/22 Early Release Day Dismissal 1pm

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Volume 24, Edition 8, August 2022
WE'RE HIRING
Sales, Office, Delivery, and Warehouse
We are looking for a few passionate people to join our team! If you are dedicated to the success of the farms and ranches in our valley, are enthusiastic about locally-grown food, and have 5-40 hours available each week we would love to hear from you.
info@capayvalleyfarmshop.com | 541-488-7884
Capay Valley Farm Shop is a community and farmer-owned food hub that markets and distributes exceptional food from 40+ small and midsized farms and ranches in Yolo County to businesses around Northern California.
26580 Woodland Ave. Esparto
www.capayvalleyfarmshop.com

Do You Have One of These to Rent?
(Preferably Furnished)
• Tiny House; Yurt; Trailer
• Mobile Home; Cottage; Apartment
We are a non-smoking, non-drinking, non-drug using, married couple. We are honest, responsible and trustworthy.
Diana: 530-848-1913
Peter: 530-574-6003

DO YOU HAVE concerns about falling?
A MATTER OF BALANCE
Many older adults experience concerns about falling and restrict their activities. A Matter of Balance is an award-winning program designed to manage falls and increase activity levels.

AGENCY ON AGING AREA 4
Workshop Dates:
Thursday, August 4th – September 22nd at 9:30 AM-11:30AM
Please join us at
RISE, Inc.
17317 Freemont Street, Esparto
THIS CLASS IS FREE OF CHARGE
For more information, please call:
Rise Senior Program 530.787.4110 extension 20

This program emphasizes practical strategies to manage falls.
YOU WILL LEARN TO:
• view falls as controllable
• set goals for increasing activity
• make changes to reduce fall risks at home
• exercise to increase strength and balance

WHO SHOULD ATTEND?
• anyone concerned about falls
• anyone interested in improving balance, flexibility and strength
• anyone who has fallen in the past
• anyone who has restricted activities because of falling concerns

A Matter of Balance: Managing Concerns About Falls Volunteer Lay Leader Model ©2006
This program is based on Fear of Falling: A Matter of Balance. Copyright ©1999 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

A Matter of Balance Lay Leader Model
A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (990/A02780).
Things We Can Agree On

Submitted by Calvary Baptist Church

Last month the Supreme Court reversed a decision that made abortion a federal right and returned the question about abortion and any limitations on it to the states to be decided through legislative processes. Emotions are running high with people of conscience on both sides either condemning or celebrating the decision. It seems as if there is no common ground.

But we believe there is common ground. On both sides, people agree that pregnancy is serious and life changing. When it is unplanned, a woman may feel scared, alone and devastated as she contemplates what it means for her life.

It is a consequential moment that should be approached with thoughtfulness, knowledge, support, and compassion. A woman should not be told there is only one way forward, nor should she face her decision alone. In Yolo County there is an organization whose mission is to provide life-affirming services to empower women, and their partners, who face unplanned pregnancy to consider continuing the pregnancy.

Spero Medical Pregnancy Resource Center provides hope and practical help when the future seems impossible. We allow mothers and fathers to hear their baby’s heartbeat and provide education about pregnancy and referral to medical providers for comprehensive prenatal care. We provide education to equip mothers for successful parenting, and the ability to earn necessary things like a car seats and cribs, maternity clothes and diapers. We provide help with housing or food or finding safety when that is needed. We provide information about adoption, if that is needed. Spero always hopes that women will not choose abortion, but we also provide empathetic post-abortion services for women who are struggling emotionally after an abortion.

Spero is not a political organization. It does not lobby or protest. Spero is here to meet immediate needs with love and compassion: hopefully, that is something we can all agree on. Spero also has a mobile office that comes to serve Esparto weekly. You can find it in the parking lot of Valley Foods on Thursday mornings. If you want to learn more about this important resource that has been serving Woodland and Yolo County for more than 30 years, visit pregnancysupport-group.org or speromedical.org.

Esparto Chamber: Meet Irina

In May of 2017 I decided to move from Wyoming to Northern California to further my career in behavioral health. I had an extra room in my home and I had the crazy idea to host a high school exchange student. Becoming the guardian of a teenager for a year— what could go wrong? I realize now how foolhardy that decision could have been. But whether by serendipity but likely divine hand, I was placed with Irina Kolbun from Ukraine. At first Irina was shy. She was struggling with her English and for the first two months was homesick, but after a couple of months we bonded and Irina became like a daughter but also best friend to me. She blossomed in her American year and left confident and involved in clubs and activities, outspoken. I was proud of her! When the exchange year ended, I had a hard time going back to life before Irina, but I kept in contact with her by phone. In August of 2018 I was able to go to Ukraine and meet her family in Kyiv.

On February 23, 2022, Irina’s life was going well. She was a Junior in Computer Engineering at Kyiv Polytechnic University, where she was also the Student Body President of a population of 36 thousand students. She was thriving in her challenging classes and she had just started an internship in data analysis for a firm in Kyiv. She was enjoying poker night with her new coworkers every Friday night. She was enjoying going out to cafes and pubs with friends on the weekend. On February 24, 2022, she woke up to her city being bombed and she fled with just a carry-on suitcase. Nothing would be the same.

In April of this year, the United States Immigration Service opened the “Uniting for Ukraine” program whereby an American citizen could sponsor a displaced Ukrainian citizen and/or family to come to America. Irina reached out to me (we had always been in contact) and asked if I would be willing to sponsor her. Irina is family and so it was an enthusiastic yes. Her mother and younger brother had found shelter with a family friend in Poland, but Irina still felt lost.

On July 29th Irina flies into San Francisco and I will bring her to my home in Esparto. Her goal is to stay and make a new life for herself here since it is not safe to be home right now. She will look for an internship in computer science. I am willing to give everything to help Irina feel at home again, but I know it is not enough and I am reaching out for help. I have a GoFundMe set up to help with expenses (get a cell phone plan, transportation costs, work clothes, etc...). https://www.gofundme.com/ manage/help-ukrainian-refugee-settle-in-the-us. Any donations of new or almost-new basic furniture would be great. Any internship opportunities would be amazing. The Capay Valley is a generous place and after six months of living as a refugee, I want Irina to finally feel she is at home.

Submitted by Laura Gordon
ECAC UPDATE

The Esparto Citizens Advisory Committee (ECAC) met June 21 to take action on street names for the Orciuoli and Story developments. The committee recommended to change four of the proposed names for the Orciuoli development to names of local orchard crops, and keep the proposed names for the Story development.

A meeting was not held in July so that residents and committee members could attend the community town hall meeting regarding the new Capay Valley Health and Community Center.

The next meeting will be August 16 and topics will include planned improvements to the Esparto Community Park. Yolo County Parks has recently received funding through “Prop 68” grants from California State Parks and Recreation for five specific projects. Two of these projects are for the Esparto Community Park to 1) replace the play structure, and 2) purchase and install a permanent shade structure to go over the picnic and BBQ area. The General Services Department would like to engage the community of Esparto to share more information about the projects, relevant background, the Prop 68 Grant program, and timeline. They would also like to explore the potential to leverage volunteer and fundraising should there be interest.

The ECAC meets on the third Tuesday evening of each month, as needed (Currently at the fire station or library conference room). To receive notices of upcoming meetings, including agendas and minutes, you can subscribe via the Yolo County website (https://www.yolocounty.org/government/advanced-components/subscribe) The Esparto Citizens Advisory Committee is appointed by the Board of Supervisors to act as advisors to the Planning Commission concerning land use matters. The opinions expressed by this committee are not necessarily those shared by the Planning, Resources, and Public Works Department.

Submitted by G. Moris, ECAC Secretary

FERL Updates

Friends of the Esparto Regional Library are taking book, cd’s etc donation at there bin in front of the large bin between the Library and Ag Shop. Our next Friends board meeting is scheduled for September 14th 4:30 pm at the Esparto Library.
FOR IMMEDIATE RELEASE
July 6, 2022

Public Input Sought on Adult Community Corrections

Yolo County Community Corrections Partnership (CCP) community engagement meetings will occur on July 19 and August 8.

(Woodland, CA) – As the Yolo County Community Corrections Partnership (CCP) develops its 2023-2025 Strategic Plan, it seeks public input at two community engagement meetings regarding efforts to reform corrections practices, emphasizing evidence-based practices and cost-effective strategies.

The first community engagement meeting will occur on July 19 and then be repeated on August 8. The two opportunities for the community to provide feedback will include a brief presentation on the mission and goals of the CCP, an update on current projects, and relevant budget information for project funding in the coming years.

"Our continued focus is to implement cost-effective strategies that are known to improve public safety," said Yolo County Chief Probation Officer Dan Fruchtenicht. "Fortunately, we benefit from engaged residents and a forward-thinking CCP which will ensure the 2023-2025 CCP Strategic Plan continues to meet the corrections challenges and needs of our communities."

In 2011, Assembly Bill 109 (Public Safety Realignment) went into effect. Among other things, this legislation shifted responsibility for all adults sentenced for non-violent, non-serious, and non-sexual offenses from state to local jurisdictions giving local law enforcement the right and ability to manage these individuals in smarter, more cost-effective ways. With AB 109, Community Corrections Partnerships throughout the state were tasked with planning for the change and implementing local plans.

By state statute (CA Penal Code §1229), CCPs are led by county chief probation officers and formed by representatives from the court, the District Attorney, the Public Defender, a police chief, the Sheriff, the County Office of Education, county heads for mental health, employment, substance abuse programs and social services, the County Administrative Officer or a designee from the Board of Supervisors, and representative for victim interests and a community-based organization. The CCP is required to develop a strategic plan for the Board of Supervisors' approval. With community input, the CCP has developed and implemented two strategic plans since its inception.

Members of the CCP will attend the community engagement meetings, which will be facilitated and held via Zoom on Tuesday, July 19, from 2:00 to 3:30 p.m. (link to register: http://bit.ly/yoloCCPjuly19) and again on Monday, August 8, from 5:00 to 6:30 p.m. (link to register: http://bit.ly/yoloCCPaug8). Spanish translation services will be available during these meetings.

For more information about the CCP, visit www.YoloCounty.org/CCP.
Madison Community Food Closet Distribution

The Madison Community Committee Food Closet new distribution dates are the second and fourth Monday of each month from 4:00 pm to 5:00 pm.

(Submitted by Rachel de la Cruz)
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Yocha Dehe
Golf Club
Troon Golf
Cache Creek
Casino Resort
cachecreek.com
The countryside Community Church has changed its Food Closet Hours.

Hours of operation (Horas de operacion):
Friday (Viernes) 2p-5p

Please come on by (por favor vengan)
A Supposition about the Development of language

By Clarence G. Underwood

Of course language is made manifest in different forms and through different mediums. As we use language many of us employ the arts of reading and writing our language. What I would like to reference briefly is an idea that perhaps some of you have entertained, but have not expressed. Of course you are aware that reading and writing can be displayed in different forms. Some cultures use it by going from right to left, while others go from left to right. Have you ever wondered why? Maybe it has to do with a sky view. We know from our studies that many cultures were involved in astronomical observations. We have the study of Archaeoastronomy to support that. Those who understood the workings of the heavens realized that the wanderers=planets and the moon, move in a right to left motion independent of their motion in Earth’s sky, while others just saw things move from left to right. Hence, a point of view was established and appears in the style of their respective communications forms. Our way of communicating has been shaped, perhaps, by our view of the heavens! Many Middle East countries actively employed the Moon to record time. Many of their languages are read and written right to left. The ancient Chinese, the ancient Egyptians and others, also did so. Another hint that Skywatching influenced reading/writing is the fact that as it is said, as above so below, some of these cultures wrote top to bottom as well as bottom to top. The ancient Egyptians wrote up,down, right to left and left to right. Perhaps from watching planets and the moon, watching stars like our Sun and the constellation of Orion and of course the fact that all of these bodies rose and set! We know that many of these cultures, as demonstrated above, were heavily influenced by the sky above them. It should be remembered that earlier cultures did worship the celestial objects. This would dictate that the direction that the gods went in would have been noticed and followed in some manner. “Let us please the gods”. They did not want to anger the gods!
Area Food Distributions
RISE, Inc. manages several food distributions each month in Esparto. Madison Community Committee sponsors a Food Closet in Madison 2x a month. A Food Closet is also held in the Guinda Grange Hall 2x a month (2nd and 4th Mondays). Below is a summary of these opportunities. They are also announced in other places in this paper. (Call RISE office 787-4110 for more information)
Food Bank Give-Away on the 4th Monday of each month at the RISE office from 10:00 a.m. -12:00 noon. Free produce distribution on the 1st and 3rd Thursdays at the RISE office from 9:30 - 11:00 a.m.
The Food Closet is open at the Countryside Community Church on Fridays from 2:00 to 5:00 p.m.
The Madison Food Closet is open on the 2nd and 4th Monday’s of each month from 4:00 - 5:00 p.m. to Madison residents.
Guinda Food Distribution every 2nd & 4th Monday’s from 10:00 a.m. - 11:00 a.m Free produce, meat, dairy, groceries and dry goods. Held at the Guinda Grange Hall.
Countryside Community Church Food Distribution on Sundays at 10:00.

Eat Well Yolo Distribution
When: 1st and 3rd Thursday
Where: RISE, Inc. office 17313 Fremont St., Esparto
Time: 9:30 a.m. - 11:00 a.m.
1 PER HOUSEHOLD
Any Family in Esparto or Capay Valley are Welcome!
Submitted by RISE Staff

Eat Well Yolo Distribution
Cuando: 1er y 3er Jueves del mes
Donde: La Oficina de RISE 17313 Fremont Street Esparto
Hora: 9:30 a.m. - 11:00 a.m.
1 POR FAMILIA
Familias en Esparto y Capay Valley son Bienvenidas
Submitted by RISE Staff

Food Distribution in Guinda
2nd & 4th Monday’s from 10:00 am - 11:00 am. Free produce, meat, dairy, groceries and dry goods. Held at the Guinda Grange Hall.

Microbusiness COVID-19 Relief Grant
Yolo County Businesses
The California Microbusiness COVID-19 Relief Grant Program was created to assist microbusinesses that have been significantly impacted by COVID-19. Qualified microbusinesses are eligible to receive $2,500 in relief funding.
Application open from March 2, 2022 - October 15, 2022
Applications will be accepted on a first come first serve basis until all available funds are distributed.

Eligibility Requirements
- The business had less than $50,000 in gross revenues (revenues after taxes and expenses) in 2019
- The business began operations prior to December 2019
- The business has fewer than 5 full time equivalent employees and had fewer than 5 full time equivalent employees in 2019

Contact
If your organization is interested in applying, please fill out the Microbusiness Covid-19 Relief Grant application. Please direct any questions to Frank Schneegas at frank.schneegas@yolocounty.org or (530) 908-1597.

Need Help?
St. Vincent de Paul is available to help those in need.
For more information call (530) 312-8967

The Valley Voice email address: valleyvoice@riseinc.org
Send your articles, and contributions to this address.
If there are any changes to programs, meetings, ads, etc. Please let us know.
FOR IMMEDIATE RELEASE

July 6, 2022

Contact: John Fout
Email: John.Fout@yolocounty.org

Yolo County In-Home Supportive Services Advisory Committee is Recruiting Members

(Woodland, CA) – The Yolo County In-Home Supportive Services (IHSS) Advisory Committee seeks committee members interested in the delivery of IHSS. The IHSS program helps eligible persons with disabilities remain safely in their homes, helping pay for authorized domestic and personal-care services. The committee has current openings for four consumers and two residents; applicants may live in any part of Yolo County. The Board of Supervisors appoints members to four-year terms.

The committee gives the County’s more than 5,800 IHSS care consumers and providers a voice in the program’s policy, development, and operations. This group provides recommendations about the enhancement, availability, and quality of IHSS, promoting services that support a positive and productive relationship between consumers and providers and advocates for the program.

“The IHSS Advisory Committee plays a vital role in guiding our program and advocacy priorities,” states Kim Britt, Director of IHSS Public Authority/IHSS Manager and staff to the committee. “As a program administrator, this feedback is greatly appreciated and routinely used to make our program delivery meaningful to our community.”

The 11-person committee includes consumers, providers, and interested residents and is a consumer-majority body per its bylaws, bringing a solutions-based approach to challenges and opportunities.

“We secured $200,000 in American Rescue Plan funds to create a system of paid professional development training for providers, said Committee Chair Kate Laddish. “This will strengthen the whole program: supplying providers with professional development opportunities helps them grow and increases consumers’ ability to live safely at home, rather than going into congregate care.”

The IHSS Advisory Committee meets on the second Wednesday of each month from 1:30 to 3:30 p.m. and currently meets virtually on Zoom. Residents considering applying are encouraged to attend a meeting. Most committee members spend four to six hours per month on committee business.

Applications can be found and submitted at www.yolocounty.org/government/board-of-supervisors/advisory-bodies. For more information about the IHSS Advisory Committee or about applying to become a member, contact Kim Britt at (530) 661-2676.
Our “Fifth Season” and Gumplant

Barbara Gemmill-Herren
Capay Valley Regeneration

It is said that California is blessed with not just four, but five seasons—when the total lack of rainfall in the summer months creates a different character to the land. It is very arid, and many native plants go dormant, or die. Many animals that can move, chose to move—birds particularly are on the move. But life does not stop—paying attention to the “fifth season” is an opportunity to consider how life adapts to changing climates. The landscape becomes quiet and restrained. But while plants do not spurt up and exhibit showy blossoms and lush leaves, there are a number that do chose to flower in this season. A key one is Gumplant, Grindelia spp (there are several species). It looks like a yellow daisy, and has a large flower bud that holds a blob of sticky resin, which helps protect the plant from animals wanting to snack on it. The flower itself is a great resource for pollinators at this time of year, when other flowers may be scarce. In addition to honeybees, our Gumplant is wildly popular with bumblebees and this little leaf-cutter bee—note how it does not gather pollen on its legs, it travels over the flower head and accumulates pollen in the “velcro”-like surface of its belly.
COMMUNITY CALENDAR

Please contact the group you are interested in, to see if they are still meeting at this time.

AA Meeting: Tuesday at 7:00 p.m. in the basement of the Countryside Community Church in Esparto. 1 hour open.
Spanish AA: Alcohólicos Anónimos: Detrás de El Toro. Los lunes, miércoles, y viernes a las 7:00-9:00 p.m.
Spanish Al-Anon: Spanish Al-Anon: Detrás de El Toro (26628 N. Grafton). Los Martes a las 7:00-8:30 p.m
Al-Anon: Countryside Community Church on Tuesday from 7:00 p.m. to 8:00 p.m.
Calvary Baptist Church: Meets Sunday’s at 11:00 am at 26479 Grafton Street.
Calvary Baptist Church Community Dinner: Every Tuesday at 4 pm located at 26479 Grafton Street, Free, Everyone Welcome.
Capay Valley Christian Fellowship: 11:00 a.m. adult Sunday school; 11:45 a.m. social; 12:10-1:10 worship/children’s Sunday School at the Guinda Community Church
Capay Valley Fire Commission Meeting: Meets the 2nd Monday of each month at 6:30 p.m. at the Guinda Fire Station.
Capay Valley Garden Club: 4th Wednesdays, 6:00 p.m., location varies, see Facebook page for more information.
Capay Valley General Plan Advisory Committee: Meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.
Capay Valley Science Club, 4th Mondays, 6:00 p.m., location varies. See Capay Valley Science Club" Google Group for information.
Capay Valley Vision Board: Meets on the third Wednesday of every month at the Esparto Library at 6:30 p.m. (Meetings are OPEN TO THE PUBLIC.)
Cottonwood Cemetery District: Next meeting is Friday, August 19, 2022 at 10Aaaasdf am, at the Esparto RISE office (17317 Fremont Street).
Countryside Community Church: Sundays at 9:00 a.m. Worship Service and Sunday School.
Esparto Ag Boosters: Meets on the 3rd Wednesday of each month at 6:00 p.m. in the Ag Department at the high school.
Esparto Citizens Advisory Committee Planning Council: Meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.
Esparto Community Services District: Meets on the 2nd Wednesday of each month at 7:00 p.m.
Esparto Family Practice: Open: Monday, Tuesday, and Friday from 9:00 a.m.-5:00 p.m., Wednesday 2:00-6:00 p.m. and Thursday from 1:00-6:00 p.m.
Esparto Food Distribution: Esparto Food Distribution 1st and 3rd Thursday of the month from 9:30-Supplies Last and 4th Monday of the month 10-12pm.
Esparto High School Ag Boosters Meets on the third Wednesday of each month at 6:00 p.m. in the Ag Classroom at the high school.
Esparto Lions Club Meeting: Meets on the 1st and 3rd Thursdays at the Boy Scout Cabin Social hour at 5:30 pm, 6:00 pm Dinner, For Zoom link, please call (787-3892)
Esparto Regional Chamber of Commerce: Meets monthly on the 2nd Thursday at 6:30 p.m. currently via Zoom. (For Zoom Link, please call (787-3242))
Esparto Unified School Board Meeting: Meets on the 4th Wednesday at 6:00 p.m. in Room A-7 at the High School.
Esparto Fire Commissioners Meeting: Meets the 2nd Thursday of each month at 6 pm at the Espart Fire Station.
Farm Stop Farmers’ Market: Open Friday’s (all summer long through October 1st) from 4 pm - 7 pm.
Food Distribution at Countryside Community Church: Fridays: 2:00 p.m. - 5:00 p.m.
Friends of Esparto Regional Library Board of Directors’ Meeting: The 2nd Wednesday at 4:00 p.m. (except for July and November) at the Library
Guinda Community Church: Sunday Service at 9:00 a.m.
Guinda Food Distribution: Produce distribution on the 2nd Monday and canned and dried goods on the 4th Monday from 10:00-11:00 a.m. at the Guinda Grange Hall.
Homeschooling: Carly Castruita Gordon at (916) 616-5419.
Madison Advisory Committee: 4th Wednesday at 6:00 p.m. at the Madison Community Services District. No meetings in May, November or December.
Madison Community Committee: 3rd Thursday at 6:00 p.m. at the Madison Community Services District.
Madison Fire Commissioners Meeting: 1:00 p.m. on the 2nd Monday of each month at the Madison Fire Department at 17880 Stephens Street.
Madison Food Closet: Open the 2nd and 4th Mondays of each month from 4:00 to 5:00 p.m. at the Madison Community Services District Building
Madison Service District Meeting: 3rd Thursday at 6:00 p.m. in the District office at 28963 Main Street in Madison.
New Life Christian Center in Madison: Sunday Service at 11:00 a.m. with Jr. Church for ages 5-12. Home Bible Studies on Wednesday.
On Fire Fellowship of Esparto: Sunday service at 9:00 a.m. Bible Study: Wed. at 6:30 p.m. Youth Group: Friday at 6:30 p.m.;Ladies: 1st/3rd Tues. 6:30 p.m.
RISE Collaborative Meeting: 4th Friday of each month. Meeting held in-person at the RISE, Inc Esparto Office (17317 Fremont Street).
St. Martin’s Catholic Mission Church: English Mass: 8:30 a.m. on Sundays; Spanish Mass: 7:00 p.m. on Saturdays at St. Martin’s Catholic Mission, 25633 Grafton St.
Veterans of Foreign Wars (VFW): Western Yolo Post 7143, meets 1st Wednesday each month, at Post Home, Orleans St. and Highway 16.
Western Yolo Grange: Meets on the 3rd Tuesday at 6:00 social, and 6:30 p.m. potluck dinner and meeting at the Grange Hall at 16787 Forrest in Guinda.
4-H: Meets at 6:30 p.m. on the 2nd Monday of each month at the Community Center in Esparto.